# Building Your Individual Development Plan (IDP)

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| ***Skill to Develop*** | ***Goals and Strategies: Short Term*** | ***Goals and Strategies: Intermediate Term*** | ***Goals and Strategies: Long Term*** |
| Research Skills | Complete a research methods course to improve my experimental design skills | Identify a research area that interests me and explore schools and scholars that are recognized in the field | Matriculate in a graduate program that fosters my interests and will allow me to pursue my research goalsIdentify new areas of research to explore within my field |
| Public Speaking | Deliver an effective podium presentation or interactive presentation as part of my coursework | Present research at a poster session at my school or at a regional conference | Submit research to a national conference and present |
| Network Building | Attend meetings and symposia of interest offered at my campus  | Join a scholarly group at my school that is geared towards a research area that is of interest to me | Become an officer in a research group  |